

# ADESH INSTITUTE OF MEDICAL SCIENCES & RESEARCH

(A constituent college of )



## ADESH UNIVERSITY BATHINDA



**DEPARTMENT OF ENT, HEAD & NECK SURGERY**

## 12<sup>th</sup> Annual Conference PAOICON-2020

**Workshop: 3 April 2020**

**Conference: 4-5 April 2020**

**Venue: Auditorium, Adesh University**

### HIGHLIGHTS

### CONFERENCE

Faculty lectures, Panel Discussion, Pros-Cons Session,  
Free Papers - Oral and poster, PG.Quiz

Prizes for the Best Paper in each category/ Winners of the Quiz.  
All the Scientific Material to be published in the University Journal.

### BANQUET

**CADAVERIC WORKSHOP: HANDS-ON TRAINING**

### HIGHLIGHTS

- Pre-Conference FESS Dissection Workshop
- Esteemed National Faculty participation/ Lectures.
- Symposia on topics including Thyroid, Lateral Skull Base, besides others.
- Free Papers
- Live surgeries Telecast
- PG Quiz & Orations.
- Attractive Junior & Senior Consultant Awards
- Sumptuous meals & entertainment

# Dear Friends and Colleagues,

The **PAOICON-PUNJAB CHAPTER-2020** organizing committee invites you to 12<sup>th</sup> Annual conference of Otorhinolaryngologists of India to be held at **ADESH INSTITUTE OF MEDICAL SCIENCES & RESEARCH BATHINDA** (Punjab) on 3rd, 4th & 5th April 2020 (Friday, Saturday & Sunday). It is being organised by **Dept. of ENT-AIMSR, Adesh University, Bathinda (Punjab)**.

Otorhinolaryngology has evolved as a super speciality surgical branch in the recent years. Nowadays E.N.T is not limited to only the traditional Ear, Nose & Throat Surgeries but also includes the advanced Head and Neck Surgeries including Cancer surgeries, Endoscopic sinus skull base surgeries and microscopic lateral skull base surgeries. Use of endoscopes has revolutionised our speciality. We have made the lives of our Neuro and Ophthalmology colleagues easy by developing transnasal techniques for difficult to approach lesions by external approaches.

So organising and attending advanced teaching programs and conferences has become the need of hour. So, keeping this in mind we have planned the best possible scientific program including basic and advanced live surgeries, panel discussions, orations, guest lectures and presentation of research paper by our senior and junior colleagues. We assure you to come up to your expectations and we will provide you the great academic feast and hospitality.



## CONFERENCE SECRETARIAT

**Dr. Grace Budhiraja** (Organizing Secretary)

Professor, Department of Otorhinolaryngology & Head Neck Surgery (**AIMSR**)  
**Adesh University, Bathinda 151001 (Pb.)**

Phone: +91 75270-11555, Email: [dr.gracebudhiraja148@yahoo.co.in](mailto:dr.gracebudhiraja148@yahoo.co.in)

## CHIEF OPERATING FACULTY



Dr Ashok Gupta



Dr Arvind Soni



Dr Mohan Kameshwaran



Dr Devinder Rai



Dr Ranjan Aiyer



Dr Mohnish Grover



Dr JC Passey



Dr Gaurav Gupta

### ORGANIZED BY :

#### DEPARTMENT OF ENT, HEAD & NECK SURGERY

Adesh Institute of Medical Sciences and Research (AIMSR)  
Bathinda, 151001 (Pb.)



### DELEGATES

Conference: Rs 3,500  
Conference+Workshop: Rs 10,000  
Conference+Observership: Rs 8,000

### P.G STUDENTS

Conference: Rs 3,000  
Conference+Workshop: Rs 8,000  
Conference+Observership: Rs 6,000

### Faculty of AIMSR

Conference : Rs 1,500

(Note: Seats for Cadaveric Workshop(FESS) are full)



For online Registration & further Information please visit  
[www. adeshuniversity.ac.in](http://www.adeshuniversity.ac.in)

## FOR MORE INFORMATION PLEASE CONTACT

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**Adesh University**, Bathinda 151001 (Pb.)

Phone: +91 75270-11555, Email: [dr.gracebudhiraja148@yahoo.co.in](mailto:dr.gracebudhiraja148@yahoo.co.in)

### CHIEF PATRON

**Dr. Harinder Singh Gill**  
Hon'ble Chancellor, AU

### PATRON

**Dr. GPI Singh**  
Hon'ble Vice Chancellor, AU  
**Dr. Gurpreet Singh Gill**  
Medical Supdt. (Admin) AIMS

### ADVISORY COMMITTEE

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Medical Supdt., AIMS  
**Dr. Harkiran Kaur**  
Dean Academic  
**Col. Jagdev Singh (Retd.)**  
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### ORGANIZING COMMITTEE

**Dr. Darshan Goyal**  
Organizing Chairman  
**Dr. Jagdish Parsad Goyal**  
Organizing CO-Chairman

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**Dr. Grace Bhudiraja**

#### ORGANIZING CO-SECRETARY

**Dr. B.K Bansal**

#### PRESIDENT-PAOICON

**Dr. Yash Gupta**

#### SECRETARY-PAOICON

**Dr. Dalbir Singh**

#### TRAVEL/ ACCOMMODATION

**Col. Vishavmitter**

#### TREASURER - PAOICON

**Dr. B.S Sohal**

#### JOINT SECRETARY-PAOICON

**Dr. D.S Dhillon**  
**Dr. Karunesh**  
**Dr. Harsimran**

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**Dr. Darshan Garg**  
**Dr. H.S Malhi**

#### CHIEF ADVISOR-PAOICON

**Dr. D.S Dhillon**

#### TREASURER

**Sandeep Jindal**  
**Ashutosh Nagpal**

#### REGISTRATION COMMITTEE

**Gourav**  
**Rashmi Jindal**

#### PATRONS-PAOICON

**Dr. T L Parmar**  
**Dr. S K Verma**

**Dr. Danish**

**Dr. Sumati**

#### SCIENTIFIC COMMITTEE

**Dr. Pulkit**

**Dr. Bhavneet**

**Dr. Kunzes Dolma**

#### EXECUTIVE COMMITTEE & MEMEBERS

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**Dr. Kanu Singla**  
**Dr. Ashwani Goyal**  
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**Dr. Sandeep Singla**  
**Dr. Navdeep Sran**  
**Dr. Satpal Narula**

**Dr. Dhirender**  
**Dr. Ajay Garg**  
**Dr. Rohit Goyal**

**Dr. Vikram**  
**Dr. Priyanka**  
**Dr. Vinod Garg**

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Phone: +91 75270-11555, Email: dr.gracebudhiraja148@yahoo.co.in

## INVITED FACULTY

Dr A S Khurrana (Ludhiana)	Dr Navneet Kumar (Ludhiana)
Dr Anil Suri (Jammu)	Dr Nitin (Chandiagrh)
Dr Arjun Das (Chandigarh)	Dr Parwinder Singh Kohli (Patiala)
Dr Arun Bainik (Mumbai)	Dr Prasoon (Patiala)
Dr Arvind Soni (Delhi)	Dr Poorvi Patel (Ahemadabad)
Dr Arvinder Sood (Amritsar)	Dr Prahlad Duggal (Amritsar)
Dr B S Sohal (Patiala)	Dr Prince Sodhi (Patiala)
Dr B S Tuli (Patiala)	Dr Puja Pal (Amritsar)
Dr Bhanu (Amritsar)	Dr Rajat Bhatia (Ludhiana)
Dr Bhimsen Verma (Patiala)	Dr Rajiv Kapila (Ludhiana)
Dr Bikramjeet Singh (Amritsar)	Dr Raman Abrol (Panchkula)
Dr Dalbir Singh (Jalandhar)	Dr Ramandeep Virk (Chandigarh)
Dr Daxesh Patel (Ahemdabad)	Dr Ravinder Verma (Jalandhar)
Dr Dimple Sahni (Patiala)	Dr Rijuneeta (Chandigarh)
Dr Dinesh Sharma (Patiala)	Dr Rohit Batra (Fatehabad)
Dr Gaurav Gupta (Bikaner)	Dr Ruchika Grover (Amritsar)
Dr Gurbax Singh (Faridhkot)	Dr Rupender Ranga (Bhiwani)
Dr Gurwinder Singh (Mohali)	Dr S K Verma (Patiala)
Dr Harcharan Das (Patiala)	Dr Sandeep Bansal (Chandigarh)
Dr Harsimran Tuli (Patiala)	Dr Sangeeta Aggarwal (Patiala)
Dr Harvinder Singh (Jalandhar)	Dr Sanjeev Bhagat (Patiala)
Dr Hemant Chopra (Ludhiana)	Dr Satish Mehta (Jammu)
Dr H S Bali (Sangrur)	Dr Satyavati Mahindra (Chandigarh)
Dr Jagdeepak (Amritsar)	Dr Shamit Chopra (Jalandhar)
Dr Jai Lal (Faridhkot)	Dr Shallu Jindal (Patiala)
Dr Jaskaran Singh (Amritsar)	Dr Shruti Dhingra (Delhi)
Dr Jaswinder Singh (Patiala)	Dr Sudeep Munjal (Sirsa)
Dr Jayamanti Bakshi (Chandigarh)	Dr Sunil Kotwal (Jammu)
Dr Karan Sharma (Amritsar)	Dr Surinder Singal (Chandigarh)
Dr Karunesh Gupta (Amritsar)	Dr T L Parmaar (Patiala)
Dr Kshitij Charaya (Chandigarh)	Dr Tanuj Thappar (Moga)
Dr Manjeet Singh (Amritsar)	Dr Vaibhav Saini (Bathinda)
Dr Manu Seth (Jalandhar)	Dr Vikrant Mittal (Sohana)
Dr Munish Gupta (Ambala)	Dr Vanita Sarin (Amritsar)
Dr Munish Munjal (Ludhiana)	Dr Yashpal Gupta (Pathankot)
Dr Narinder Bansal (Rampura)	Dr Yashpal Singh (Sangrur)
Dr Narinder Sethi (Pathankot)	

## ABSTRACT GUIDELINES

- Category of abstract - Rhinology, Otology, Head and Neck.
- The structured abstract should be of minimum 300 words for all session.
- The residents should submit bonafied letter from the HOD.
  - Abstract must be original.
  - No proxy presentation is allowed.
- Registration of participant is must for participation
- Last date of abstract submission is 15th March, 2020.
- To be submitted to drdarshangoyal@gmail.com.

## GUIDELINES FOR AWARDS

### PAPERS

#### FOR SR. CONSULTANT & JR. CONSULTANTS

- Duration of presentation - 10 mins
  - Discussion Time 2 mins
  - Abstract must be original.
- Last date of submission 15th March, 2020
- Should be preregistered for the conference.
- Structured abstract should be submitted.

### FOR RESIDENTS

- Duration of Presentation - 8 mins
  - Discussion Time - 2 mins
- Should be accompanied with a permission letter from HOD.
  - Abstract must be original.
- Last date of submission 15th March, 2020
- Should be preregistered for the conference.
- Structured abstract should be submitted.

*Kindly Note: Any Participant exceeding the limit will be disqualified*

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### REGISTRATION FORM

Name : \_\_\_\_\_

Institution : \_\_\_\_\_

Registration No. : \_\_\_\_\_

Address : \_\_\_\_\_

Email : \_\_\_\_\_ Cell : \_\_\_\_\_

#### Mode of Payment :

Payment in favour of

Cheque/ DD No. /Transfer Code : \_\_\_\_\_ Date : \_\_\_\_\_

Name of Bank : \_\_\_\_\_

Branch : \_\_\_\_\_

### DETAILS OF BANK FOR FFT TRANSFER

Bank : STATE BANK OF INDIA

IFSC : SBIN0015977

Swift Code : SBININBB767

Name of A/C : HOSPITAL, ADESH INSTITUTE OF MEDICAL SCIENCES & RESEARCH

Account no : 32675847316

Branch : ADESH HOSPITAL BHUCHU KHURD

Address : ADESH INSTITUTE OF MEDICAL SCIENCES & RESEARCH,  
BARNALA ROAD BATHINDA PUNJAB-151001

## ABOUT BATHINDA AND ITS ATTRACTIONS

**Bathinda** also known as Tabar-e-Hind or Tabarhind meaning the gateway to India is a city Municipal Corporation in Southern Part of Punjab, India.

It is one of the oldest and fifth largest city of Punjab. Bathinda nicknamed as the city of lakes courtesy of the artificial lakes in the city, The First empress of India, Razia Sultan was imprisoned in the 21 mubarak font in Bathinda. The Gurudwara of Mazaar of Hazi Rattan is a popular tourist Centre of Bathinda

**Bathinda:** is a home of Central University of Punjab and AIIMS.

**Bathinda** has two modern Thermal Power plants, Guru Nanak Dev Thermal Plant & Guru Hargobind Thermal Plant at Lehra Mohabbat.

The city has a fertilizer plant, a large oil refinery bathinda also has two cement plants, Ambuja Cement & Ultratech cement limited. A Zoo and Historic Qila Mubarak a fort is also the attraction. Bathinda is one of the largest food grain & cotton markets in Northern India. It is one of the leading cities in education in Punjab.

**Rose Garden:** A Popular tourist weekend destination at Bathinda stretched over an area of 40000 sq. meters, This Garden blooms in all colours of Roses during winter. Appu garden is kids attraction and fountain makes garden more beautiful.

**Chetak Park:** Picnic spot which has a garden and lake. This park also offers boating, horse riding facilities.

**Chill-O-Thrill Water Park :** This water park is located in Bhuchcho Khurd, Near Adesh University. This is the nice place for fun with family and is top tourist attraction because of thrilling water rides & water sports during hot summer months.

**Qila Mubarak:** A historical monument in the heart of the city of Bathinda. It is recognized as monument of National importance & maintained by archaeological survey of India.

**Gurudwara Sri Hazri Ratan Sahib:** At this place Faquir Hazzi Ratan used to meditate. The first Sikh Guru Sri Guru Nanak Dev Ji visited this place during his first udasi (Preaching tour). Sri Hargobind Sahib Ji & Shri Guru Gobind Singh ji visited Bathinda.

**Takht Sri Damdama Sahib:** This is one of the Takhat amongst five. A religious & peaceful place for worship. 300 years old historical Gurudwara. The Baisakhi festival is hugely celebrated at Damdama Sahib & Sikh Pilgrims from various parts of the world gather here to pay homage to Guru Gobind Singh Ji.

**Bir Talab Zoo:** Very Good Zoo which is spread in 5km area. Where you can see some birds species & some animals like Lion, Deer & Barahsingha.

**Temple Maisar Khana:** Maisar khana is a Temple to honour the Goddesses Durga & Jawala Ji, Each year two grand Melas are held here on Ashtmi.



## HOW TO REACH US



### BY AIR

DELHI TO BATHINDA	DEPARTURE	ARRIVAL	TRAVEL TIME
DELHI (DEL)	09:25 AM	10:45 AM	1Hr 20 Min



### BY TRAIN

DELHI TO BATHINDA	TRAIN NO.	DEPARTURE	ARRIVAL	DAYS
FEROZPUR CANTT PESSENGER	54641	7:10 AM	3:35 PM	RUNS DAILY
SHRI GANGANAGAR INTERCITY EXPRESS	12481	1:10 PM	6:25 PM	RUNS DAILY
FAZILKA INTERCITY EXPRESS	14731	2:20 PM	10:10 PM	RUNS DAILY
FEROZPUR CANTT INTERCITY EXPRESS	14625	06:45 AM	12:20 PM	RUNS DAILY
KISAN EXPRESS	14519	2:50 PM	10:20 PM	RUNS DAILY
CHANDIGARH TO BATHINDA	TRAIN NO.	DEPARTURE	ARRIVAL	DAYS
KALKA-BARMER EXPRESS	14887	10:25 PM	3:40 AM	RUNS DAILY
AMRITSAR TO BATHINDA	TRAIN NO.	DEPARTURE	ARRIVAL	DAYS
BATHINDA EXPRESS	19226	02:30 AM	09:45 AM	RUNS DAILY
AMRITSAR AJMER EXPRESS	19612	02:30 PM	10:15 PM	TUE/THU



### BY ROAD/LOCAL TRANSPORT

CITY	DISTANCE FROM VENUE	APPROX BY ROAD
DELHI	360 KM	6.5 Hrs.
CHANDIGARH	229 KM	3.5 Hrs.
AMRITSAR	190 KM	03 Hrs.

## MAP OF VENUE

