



Adesh Institute of Medical Sciences and Research

(A constituent College of Adesh University, Bathinda)

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Date: 01.06.2019

Time Table : Foundation Month 2019

Date	8-9	9-10	10-11	11-12	12-1	1-2	2-4
01 Aug 2019	Registration	Welcome address by principal	Introduction to Faculty	MBBS program	Anti ragging measures	lunch	Know Your Campus (Visit to departments of AIMS & facilities in AU)
02 Aug 2019	Let's know each other (Group Dynamics)	The Life in Hostel (The facilities, Rules and Regulations)		The Dress Code in AIMS	Mentorship Program in AIMS	Lunch	Medical Profession and Role of Physician in Society
03 Aug 2019	Yoga/Sports		History of Medicine & Alternative Systems of Medicine	Universal Precautions & Vaccination	Patient safety and biohazard	Lunch	Language Skills
04 Aug 2019							
5 Aug 19	Yoga	Health challenges in India and Role of Primary Health Care	Intro to . Healthcare Delivery Systems	Visit to SC/PHC/CHC/Tertiary Care Hospital in batches (150/4) (Visits 1 2)		Lunch	Computer Skills
6 Aug 19	Sports	National health policies	Intro to . Healthcare Delivery Systems	Visit to SC/PHC/CHC/Tertiary Care Hospital in batches (150/4) (Visit 3,4)		Lunch	Language Skills
7 Aug 19	The Academic Ambience		Intro to . Healthcare Delivery Systems	Visit to SC/PHC/CHC/Tertiary Care Hospital in batches (150/4) (5,6)		Lunch	Computer Skills

8 Aug 19	Triage in Mass Situation		Intro to . Healthcare Delivery Systems	Visit to SC/PHC/CHC/TERTIARY CARE HOSPITAL IN batches (7,8)	Lunch	Language Skills
9 Aug 19	Use of IT in health	Time Management		Gender sensitivity	First Aid (Med) (Lunch Computer Skills
10 Aug 19	Yoga/Sports		Stress Management		First Aid (Med)	Lunch Language Skills
11 Aug 19						
12 Aug 19						
13 Aug 19	Biosafety		Movie Munna Bhai MBBS		Lunch	Computer Skills
14 Aug 19	Yoga	Introduction to hobbies activity	Inter-personal relationship (ME)	First Aid (surgery)	Lunch	Language skills
15 Aug 19						
16 Aug 19						
17 Aug 19	Yoga/Sports		Learning Skills	First Aid (Eye)	Lunch	Language Skills
18 Aug 19						
19 Aug 19						
20 Aug 19	Yoga	Introduction to literary activities in AIMSR	Introduction to cultural activities in AIMSR	AETCOM	LUNCH	Language skills
21 Aug 19	Yoga/ Sports		Introduction to Rural India (Visit to a Village)		Lunch	Computer Skills
22 Aug 19	Yoga/Sports		Health Challenges in Slums (Visit to a Urban slum)		Lunch	Language Skills
23 Aug 19	Societal Investment in Making you a Doctor	Basic Life Support (Skill Programme)			Lunch	Computer skills

24 Aug 19						
25 Aug 19	Sports	COMMUNICATION SKILLS, Documentation and Medical Records	AETCOM-1		LUNCH	Language skills
26Aug 19	Visit to Shri Gurdwara Sahib Adesh University		Making of a Cardiologist: A talk by Cardiologist	TIME MANAGEMENT	LUNCH	Computer skills
27 Aug 19	Yoga	AETCOM-II		(Talks by the best graduates of AIMSRS)	LUNCH	Language skills
28 Aug 19	Yoga/Sports		AETCOM (Self-directed Learning)		LUNCH	Computer skill
29Aug 19	Yoga	Communication Skills (Communication with patients, families relating to patients experiences with disease)			lunch	Language skills
30 Aug 19	Know your City: Visit to Qila Mubarak, Bathinda (Leisure activities)				lunch	Why can the students expect?
31 Aug 19	Sports	Parents-Teachers Meet			Lunch	Use of Library for learning

Sd/-

Principal

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